



Nutrition in Medicine Research Group Community Outreach

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One of our aims is to educate people about the importance of essential nutrients for the maintenance of good health and the prevention and treatment of different illnesses. Our community outreach and education includes:

- Media interviews (TV, radio and print)
- Public lectures
- University of the Third Age (U3A) presentations
- Vitamin C symposiums
- UOC open day interactive displays

Please contact us if you would like more information or would like us to present to your group.

Our interviews and public lectures

Learn more about our vitamin C research by watching and listening to our public health lectures and media interviews

The power of vitamin C

Associate Professor Anitra Carr featured on the NutraChampion podcase in March 2019.

Listen to the podcast on the NutraIngredients website.

Vitamin C for the prevention and treatment of pneumonia and sepsis

Associate Professor Anitra Carr gave an invited oral presentation at the New Zealand Blood Service's monthly seminar series in Christchurch in August 2019. The seminar was live streamed to 14 other centres around New Zealand and was recorded for continuing educational purposes.

Watch Associate Professor Carr's presentation on Vimeo.

Vitamin C cofactor functions

Associate Professor Anitra Carr presented at the Vitamin C Symposium on 'Vitamin C cofactor functions: Vasopressor synthesis' in February 2019.

Vitamin C cofactor functions: vasopressor synthesis | Asso...



High dose Vitamin C clinical trial underway

Associate Professor Anitra Carr was interviewed by Jesse Mulligan in June 2018 about trialing the use of intravenous high dose Vitamin C for patients with sepsis in Christchurch Hospital.

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Presentation for ICU staff about the vitamin C for septic shock clinical trial

Associate Professor Anitra Carr gave a presentation to the ICU staff in May 2018 about the vitamin C for septic shock clinical trial running in Christchurch Hospital ICU.

Vitamin C Sepsis Study | University of Otago, Christchurch



Vitamin C: a simple solution to some complex problems?

Professor Margreet Vissers and Associate Professor Anitra Carr from the Department of Pathology and Biomedical Science, University of Otago, Christchurch presented the 2018 Athol Mann Memorial Lecture 'Vitamin C: a simple solution to some complex questions'. The event was hosted by the Canterbury Medical Research Foundation at the Rolleston Lecture Theatre, Christchurch.

Vitamin C: a simple solution to some complex problems? | ...



The science of... vitamin C

Professor Margreet Vissers and Associate Professors Anitra Carr and Gabi Dachs featured on Radio New Zealand's The science of... series in August 2017 to discuss their vitamin C research.

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Vitamin C's disease fighting material

Listen to Jesse Mulligan from Radio New Zealand interview Associate Professor Anitra Carr in May 2017 about the benefits of vitamin C and why humans need it.

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Vitamin C: snake oil or a valid therapy for infection and cancer

In May 2017 Associate Professors Gabi Dachs and Anitra Carr co-presented a UOC Health Lecture about vitamin C and the research taking place at the University of Otago, Christchurch campus.

Vitamin C: snake oil or cancer and infection therapy? | UOC ...



Health and immune function benefits of kiwifruit-derived vitamin C

Associate Professor Anitra Carr presented at the 1st International Symposium on Kiwifruit.

Health and Immune Function Benefits of Kiwifruit-derived V...

